

GLOBAL FLAVORS

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| M Beef Frito Chili Pie | Aztec Corn |
| T Beef and Cheese Enchilada
Bean and Cheese Enchilada | Frijoles a la Charro
Corn Elotes |
| W Old School Spud
Broccoli and Cheese Baked Potato
Taco Beef Potato | Aztec Corn |
| TH Spaghetti and Meat Sauce
Lasagna Roll Ups | Broccoli & Red Peppers |
| F Teriyaki Chicken w/ Rice
Orange Chicken w/ Rice
Sweet & Sour Chicken w/ Rice | Spicy Asian Vegetable Blend
Steamed Broccoli |

SUPER FOODS

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| M SMOOTHIE BOWLS
Caesar • Spicy Buffalo Chicken |
| T NOODLE BOWLS
Very Berry Smoothie |
| W WRAPS & FLATBREADS
The Garden |
| TH SUPER SALADS
Turkey Cheddar Ranch • Classic Ham & Cheese |
| F SMOOTHIE BOWLS
Garden • Caesar |

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

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| M Garden Salad
Chilled Broccoli
Variety of Fresh Fruit
Variety of Canned Fruit | T Caesar Salad
Broccoli Lime Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| W Super Salad
Chilled Broccoli
Variety of Fresh Fruit
Variety of Canned Fruit | TH Caesar Salad
Italian-Seasoned
Chickpeas
Variety of Fresh Fruit
Variety of Canned Fruit |
| F Spinach Salad
Ginger Carrot Salad
Variety of Fresh Fruit
Variety of Canned Fruit | |

EVERYDAY SELECTS

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| M Chicken Nugget Basket
Cheese Filled Breadstick
<i>All entrées served with Seasoned Spiral Fries</i> |
| T Crispy Chicken Sandwich
Cheeseburger

<i>All entrées served with Baked French Fries & Burger Toppings</i> |
| W Cheese Pizza
Pepperoni Pizza

<i>All entrées served with Caesar Salad</i> |
| TH Bean & Cheese Nachos
Beef & Cheese Nachos
Fajita Chicken Nachos
<i>All entrées served with Stewed Black Beans</i> |
| F Cheese Pizza
Pepperoni Pizza
<i>Visit the cafeteria to check it out!</i> |

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

IN A HURRY?

